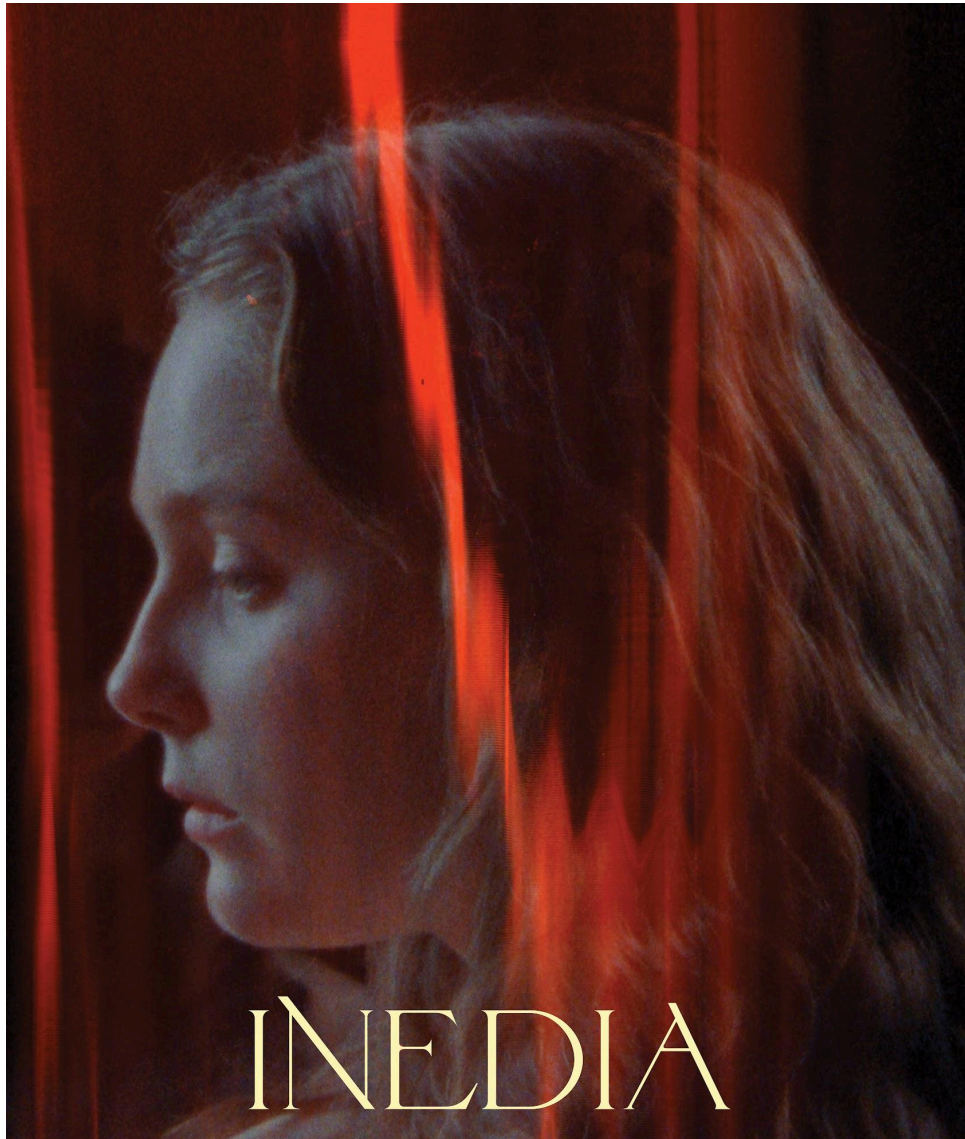


INEDIA



Official Selection

Mill Valley Film Festival 2024
Vancouver International Film Festival 2024
Festival du Nouveau Cinéma 2024
Portland Film Festival 2024

**TRT 108 minutes / NOT
YET RATED / ENGLISH / CANADA**

Contacts

Press Contact - USA
Nicola Pender
604.617.4807
nicola@penderpr.com

Press Contact - Canada
Angie Power
647.969.6025
angie@route504pr.com

Distribution (Canada)
[Vortex Media](#)
647.808.0400
rob@vortexpix.com

INEDIA - PRESS NOTES

Feature Completion Date: June 2024

Director: Elizabeth Cairns

Cast: Amy Forsyth, Susanne Wuest, Hilda Martin

Select Film Festivals and Awards:

Poster: [Link](#)

Film Stills: [Link](#)

Headshots: [Link](#)

Trailer: [Link](#) pw:

Clip: [Link](#)

Teaser: [link]

INEDIA - PRESS NOTES

LOGLINE: After a series of mysterious and debilitating allergic reactions to food, a young woman joins a radical community of people who claim to be fed by light, forgoing all physical nourishment.

SHORT SYNOPSIS (100 words)

After a series of mysterious and debilitating allergic reactions to food, CORA (27), joins a radical community of people who claim to be fed by light, forgoing all physical nourishment. Drawn to this idea like a moth to a flame, Cora falls headfirst into this community, and its promise of transcending the corporeal nature of our existence. However, when the veil is finally lifted and truth is revealed, Cora must confront the darker underpinnings of her desire to abstain from food.

DIRECTOR'S STATEMENT

I was a competitive horseback rider from the ages of 10 to 17, with dreams of the Olympics. I travelled across the country, missing school and loving it. It was during this time that I developed an eating disorder. It was a short, casual comment from my coach, noting that I needed to watch my weight, which changed the shape of my youth. For 15 years, I was caught in a vicious cycle of binge, purge, restrict. It was an all-consuming way of life, and yet the depictions of eating disorders on screen buried me deeper into my shame. I've since come to understand that my eating disorder was a coping mechanism. Deeply felt emotions, too painful to endure, were quelled by a binge, calmed by a purge, then punished with a lengthy fast.

Long into my recovery, I became fascinated by the breatharians, a group of people scattered around the world that claim to be nourished by light. As I researched this practice, I found it spanned many centuries and cultures, going back to the Mediaeval ages and seeing a resurgence in the Victorian period, when many young women abstained from eating food. They claimed to be nourished by God, often wasting away as they clung onto their beliefs. The more I explored these stories, even spending time with a community of breatharians in Peru, I came to recognize my interest was personal. I wrote *INEDIA* to give form to this experience, exploring the root of one woman's desire to stop eating as a misguided path toward healing. At its core, *INEDIA* is about the deep desire to heal oneself, alongside the long and difficult struggle to enact this healing.

INEDIA tells the story of Cora, a young woman who is struggling with her mental and physical health when we meet her. The lack of support and understanding in her life guides her toward a community of people that claim to live on light, as well as their ethereal leader, Joana. Joana is meant to reflect the 'voice' of an eating disorder. I wanted to explore an experience that felt akin to my own, of an eating disorder that was comforting and kind while slowly pulling one toward ever more extreme thinking and behaviour. Susanne Wuest and Amy Forsyth beautifully embody the push and pull of this relationship, giving complex and nuanced reads of the material. The community of Sun Haven, where the story takes place, is a metaphor for bulimia. Amidst lush abundance and plenty, the characters undertake acts of extreme self-deprivation.

INEDIA gestures toward healing without giving clear resolution to Cora's story. I wanted the end to feel honest to Cora's journey while capturing its complexity. Recovering from an eating disorder is confusing, difficult, isolating, intense, and infinitely worthwhile. A large part of my own recovery involved learning how to sit in discomfort. On the cusp of sharing the finished film with audiences, I'm excited by the power of cinema to create a space for viewers to sit in discomfort alongside Cora. My hope is for young people to feel reflected in her story, to see themselves in her deep-rooted anxieties and pain, and feel empowered by her courage to confront them and ask for help.

The photography of the film, shot by Jeremy Cox, is composed of observational, composed

INEDIA - PRESS NOTES

frames punctured by expressive, intimate camerawork that evoke Cora's interiority. At times dreamlike, at times stark and spare, the cinematography works to uphold the mysticism of the belief system with lyrical camera movement, finding poeticism in light, colour, and movement. Shooting on 16mm was a choice to imbue the film with a corporeal quality, and provided opportunities to visually express Cora's internal hunger, using glass and light to distort and obscure the image, mirroring Cora's distorted state of being.

PRODUCTION NOTES

INEDIA is a Canadian production filmed primarily on beautiful Salt Spring Island, a coastal island known for organic farming and as an epicentre for the back-to-the-land movement on the west coast of British Columbia. The island is, of course, the traditional territory of Hul'qumi'num and SENĆOTEN speaking peoples including many Coast Salish nations such as the Quw'utsun, W_SÁNEĆ, Stz'uminus and the Hul'qumi'num Treaty Group.

The main location of Sun Haven was shot at Stowel Lake Farm, an active intentional community and organic farm that practises regenerative growing techniques. Much of our cast and crew lived at Stowel Lake throughout the production, including a handful of small yurts which were often shared with a frog or two. Stowel Lake was able to cater the film, with Stowel's resident chef catering our daily meals with organic, local and vegetarian foods, often picked from the garden that very morning. Filming in a small community such as Salt Spring Island had its challenges, but for the most part, there was a wellspring of support for our small film.

The art department, led by production designer Louisa Birkin and art director Claudia Tyzo, conceived of an approach to building a key set piece for the story, a cob playhouse that the characters are building throughout the film, using local and salvaged materials. They had the opportunity to meet with Molly Murphy of the Mud Girls, a local collective that specialises in community-based cob building. Molly put together a small workshop for the Art Department, which helped them develop their design and approach for the cob playhouse. At the end of production, the playhouse was donated to a local school.

The score for *INEDIA*, haunting and ethereal, reflects the first time veteran musician and composer Jesse Zubot collaborated with his brother Josh Zubot. The two composers were able to bring out each other's talents by complimenting and challenging each other's creative output. They worked with a large palette of sounds including gongs, strings, wood blocks, metallaphones, synthesizers, and software instruments to create a very unique and haunting score that supports and helps drive the intensity of the film as it follows the dark psychological journey of Cora. A friend and collaborator of the composer, Syrian flautist Emad Armoush, has extensive knowledge with Arabic flutes and played the flute sequences throughout the film.

Our team took great care in reducing waste and emissions on the production. *INEDIA* is an [albert](#) certified production.

LEAD CAST

AMY FORSYTH | Cora

Amy's upcoming film SHOOK, where she stars alongside Saamer Usmani, will premiere at TIFF 2024. She held a strong supporting role in CODA, which won numerous awards throughout the 2021/ 2022 awards season, including a Best Picture win at the 2022 Academy Awards. Amy also co-stars in the film THE NOVICE, which garnered Amy a "Best Supporting Actress" nomination at the Independent Spirit Awards. The film also won Best US Feature at 2021s Tribeca Film Festival. Amy can currently be seen recurring as "Carrie Astor" on HBO's THE GILDED AGE and in the upcoming indies INEDIA, WESTHAMPTON and PLAINCLOTHES.

SUSANNE WUEST | Joana

Susanne Wuest started working at the prestigious "Volkstheater" in Vienna right after High School. Soon after, she gained international attention with her leading part in the feature "Antares". 'Antares' (2004, dir: Goetz Spielmann) went on to become Austria's submission for Best Foreign Language Academy Award in 2005, as did another film in 2015: „Goodnight Mommy“ (dir: Veronika Franz, 2015), which she entirely improvised and which premiered at the Venice Film Festival. It went on to win multiple awards and became a huge success with worldwide audiences.

Of her fearless and extraordinary portrayals of women, the trade press writes: "You can easily imagine Susanne Wuest as the younger sister of Tilda Swinton: like her, she seems to have no reservations, but rather to have the courage to set tasks for herself that are always new, at times difficult to take on, certainly hard to calculate. What emerges, is, at any rate, exceptional and challenging." (Filmdienst)

Some of the acclaimed directors she has worked with are Klaus Maria Brandauer, Olivier Assayas, Gore Verbinski, Jessica Hausner, Barbara Albert, Philip Groening, Pipilotti Rist and Laszlo Nemes.

HILDA MARTIN | December

Hilda Martin has always been drawn to storytelling in the form of short stories and acting. Born and raised in Tanzania, East Africa, Hilda spent her childhood hoping to star in the film classics that inspire, excite, and captivate anyone who watches. In 2014 she moved to Vancouver to attend university, but her dreams of the silver screen never subsided. While studying and eventually graduating with a BA in communications, Hilda spent much of her free time working within the film industry and getting a taste of her childhood dream. Upon graduation, she spent over a year working in the tech industry until the stars aligned and she was able to take a leap of faith to pursue acting full-time. Since then, Hilda has appeared as a Lead in Murder By The Book (Series Pilot), a Lead in Lifetime's He Not Worth Dying For, and Our Christmas Journey for Hallmark. She's also recurred on The CW's Superman & Lois. Behind the camera, Hilda still writes her short stories and stanzas but also has an adoration for culinary creation and venturing off through nature.

ABOUT THE FILMMAKERS

WRITER & DIRECTOR | Elizabeth Cairns

Elizabeth Cairns is an award-winning writer and director from Vancouver, BC and a graduate of the Director's Lab at the Canadian Film Centre. Her short films have played at festivals including TIFF, Austin Film Festival, Interfilm Berlin, Female Eye Film Festival and VIFF, among others. Programmer Curtis Woloschuk commented on Elizabeth's ability to "elicit remarkable performances." She is an alumni of Berlinale Talents and the Reykjavik International Film Festival talent lab. Her short film *The Horses* is currently making its festival run, playing Palm Springs ShortFest, HollyShorts, Festival du Nouveau Cinéma, and the Vancouver International Film Festival where it won Best BC Short Film. Commenting on the award, the jury wrote: "Like many of the best realist filmmakers, Elizabeth Cairns works with immediacy and verisimilitude, allowing the audience the opportunity to be taken into a new landscape not often explored". *INEDIA* is her first feature, produced by Experimental Forest Films, Amino Acid Technology and Good Question Media.

PRODUCER | Tyler Hagan - Experimental Forest Films

[Experimental Forest Films](#) is an award-winning production company based on unceded x̣ẉməθḳẉəỵəm (Musqueam), Sḳwx̣ẉú7mesh (Squamish) and sə̣lilẉətaʃ (Tsleil-Waututh) territory in Vancouver, B.C. Founded by Writer/Director Kathleen Hepburn and Producer/Director [Tyler Hagan](#), Experimental Forest Films is committed to socially relevant, nuanced storytelling that celebrates creative risk and cinematic vision. Their films have premiered at TIFF & Berlinale and their recent project, *THE BODY REMEMBERS WHEN THE WORLD BROKE OPEN* won the prestigious Toronto Film Critics Association Best Canadian Film Award (2020) and was picked up for distribution by Ava DuVernay's ARRAY Releasing. In 2022, Tyler was the recipient of the CMPA Kevin Tierney Emerging Producer Award. EFF current projects range in form from documentary to narrative features and, more recently, dramatic television series.

Tyler's producing credits include the feature debut from Kathleen Hepburn *NEVER STEADY, NEVER STILL* (2017), *THE BODY REMEMBERS WHEN THE WORLD BROKE OPEN* (2019) by Elle-Máíja Tailfeathers and Kathleen Hepburn; ; and *UNTIL BRANCHES BEND* (2022) by Sophie Jarvis. In 2022, Tyler was awarded the Kevin Tierney Emerging Producers Award by the Canadian Media Producers Association. *THE BODY REMEMBERS WHEN THE WORLD BROKE OPEN* premiered at the Berlinale 2019 and all his films have played at the Toronto International Film Festival, followed by four selections by TIFF for Canada's Top Ten. *THE BODY REMEMBERS* was picked up for distribution by Ava DuVernay's ARRAY, who released the film on Netflix and in Theatres in the US. The film received the prestigious Toronto Film Critics' Association Best Canadian Film Award, as well as 3 Canadian Screen Awards for Best Direction, Best Original Screenplay and Best Cinematography; and 3 Vancouver Film Critics' Circle Awards including Best Canadian Film. *NEVER STEADY, NEVER STILL* was nominated for 8 CSA Awards, again including Best Motion Picture, and won 3 awards from the Vancouver Film Critics' Circle, including Best Canadian and Best BC Film. *UNTIL BRANCHES BEND* recently premiered in 2022 at TIFF and took home the Best BC Film from the Vancouver International Film Festival, followed by the Prix de Soleure at Solothurn Film Festival 2022 and is nominated for two CSA Awards.

PRODUCER | Jennifer Chiu - Amino Acid Technologies

Jennifer Chiu is an award-winning writer, director and producer and a Canadian Screen Award Nominee. Her first film, *CABBIE*, was the winner of the BC Ignite Award for

INEDIA - PRESS NOTES

Outstanding Female Creative at the Vancouver International Film Festival in 2016. Her second film, MEMORY OF THE PEACE, screened across the world and won the Matrix Award for Outstanding Achievement at the Vancouver International Women in Film Festival in 2018. She was Executive Producer of the Leo Award and Canadian Screen Award nominated web series, In Chinatown.

She was selected to participate in the Berlinale Film Festival DocSalon Programme in 2021 and is currently in post production on her first feature documentary, CLAN OF THE PAINTED LADY.

EXECUTIVE PRODUCER | Dan Bekerman

Daniel Bekerman, founder and president of Scythia Films, is one of Canada's most prolific feature film producers with broad experience in creative producing, financing, international co-productions, and service productions. Recent credits include COLD COPY starring Bel Powley and Tracee Ellis Ross, which premiered at the 2023 Tribeca Film Festival, and SLASHBACK which had its premiere in March 2022 at SXSW. Scythia also produced THE FRIENDSHIP GAME, starring Peyton List from Netflix's COBRA KAI. Additional credits include FALLING, Viggo Mortensen's directorial debut, a UK/Canada Treaty Co-Production, which celebrated its World Premiere at the Sundance Film Festival in January 2020 and was an Official Selection at the 73rd Edition of the Cannes Film Festival as well as TIFF; and the A24 hit THE WITCH, winner of the U.S. Dramatic Directing Award at the Sundance Film Festival.

EXECUTIVE PRODUCER | Chris Yurkovich

Chris Yurkovich is a TransFemme producer based in Toronto. Chris takes pride in every project that she tackles, she enjoys pushing her talents and those of the people around her. She is the co-founder of Stellar Citizens and it was there that she started to focus on finding "Stellar scripts that lead to stellar productions."

During her time at Stellar Citizens she oversaw content development and creative producing as Head of Development. In 2017 she began working in the narrative film space where she executive produced the Imaginative People's Choice Award winner KAYAK TO KLEMTU alongside Scythia Films. Recently, Chris produced SLASH/BACK which premiered at SXSW in 2022 and is currently executive producing INEDIA by director Liz Cairns starring Amy Forsyth, set for a 2024 release.

KEY TEAM

CINEMATOGRAPHER | [Jeremy Cox](#)

Jeremy Cox is a cinematographer based in Canada. Recent achievements include a CSC award for Best Cinematography on the project LIKE FATHER LIKE SON. In addition his work on the feature film UNTIL BRANCHES BEND which was featured in the summer 2023 issue of the CSC magazine.

EDITOR | [Lisa Pham Flowers](#)

Lisa Pham Flowers is a Vietnamese-Canadian editor, writer & director. She studied film at Simon Fraser University and has over a decade of post production experience assisting on network TV & Movies (Virgin River, Firefly Lane, Loudermilk, You Me Her, Chesapeake

INEDIA - PRESS NOTES

Shores, Gone Mom, Date My Dad, Yukon Gold). Her indie editing work comprises a wide-range of narrative short and feature length films, music videos, and documentaries. Lisa is currently finishing her first co-directed feature, action-film/documentary hybrid *JIMBO*, and writing a collection of autobiographical short stories titled *GLASS ATTIC*.

PRODUCTION DESIGNER: [Louisa Birkin](#)

Louisa Birkin is a production designer based in Vancouver. Originally from the UK, Louisa worked for the nationally acclaimed Giffords Circus for 10 years as Head of the Art Department. Since moving to Vancouver in 2019 Louisa is bringing her unique background and singular vision to the BC film industry, and is now an in-demand production designer in the independent film scene. Recent credits include the award-winning features *RICEBOY SLEEPS*, *SEAGRASS* and—soon to premiere at VIFF—*INEDIA*.

COSTUME DESIGNERS [Caitlyn Beattie](#) & [Bradley Scott Keeling](#)

Caitlyn Beattie and Bradley Scott Keeling are frequent collaborators who bring a unified vision to their work, seamlessly blending costume design and film to create visually compelling and emotionally resonant stories. Their collaborative approach to costume design is rooted in meticulous attention to character detail and world-building, using fashion as a powerful tool to enhance narrative depth.

Caitlyn Beattie, with over a decade of experience in the fashion industry, has worked with top brands as a fashion stylist and design consultant. Her transition into costume design for film has allowed her to channel her expertise into storytelling, crafting wardrobes that elevate the cinematic experience.

Bradley Scott Keeling, a writer, director, and costume designer, brings his extensive filmmaking knowledge to his design work. His comprehensive study of film and fashion are essential in building the visual identity of characters and the worlds they inhabit.

COMPOSERS: [Jesse Zubot](#) & Josh Zubot

Zubot is a 4-time **Juno Award** winning musician with Tanya Tagaq (2015), avant-rock band Fond of Tigers (2011), chamber folk-jazz ensemble The Great Uncles of the Revolution (2004) and roots instrumentalists Zubot & Dawson (2003). Zubot has also become an in demand record producer, having produced the **Polaris Music Prize** and **Juno Award** winning album 'Animism' as well as the critically acclaimed **Polaris Music Prize** shortlisted album 'Retribution' for **Tanya Tagaq**. The Tagaq album, 'ANIMISM' garnered Zubot the award for 'Producer of the Year' at 2015's **Western Canadian Music Awards** and a nomination for 'Producer of the Year' at the 2015's **Juno Awards**. In recent years, Zubot has delved heavily into the world of film scoring. 2023 saw the release of the acclaimed film '**Bones of Crows**' for which he was nominated for a **Canadian Screen Award** for Best Original Song and won a **Leo Award** for Best Score in a Feature Film and a **Canadian Screen Music Award**. His score for the acclaimed Canadian film '**Indian Horse**' won him a **SOCAN Award** in 2020 for Achievement in Feature Film Music. Zubot was also nominated for 'Best Original Score' at the **Canadian Screen Awards** for his work on Kim Nguyen's '**Two Lovers and a Bear**' (2017) starring Tatiana Maslany and with Dan Mangan for the feature film '**Hector and the Search for Happiness**' (2015), starring Simon Pegg. 2024 will see the release of **Red Fever** (Rezolution Pictures), **Curl Power** (Telus Originals, **Resident Orca** (Crave Originals) and **Inedia** (Experimental Forest Films), also scored by Zubot.

INTIMACY COORDINATOR: Tolmie Greaves

INEDIA - PRESS NOTES

Tolmie Greaves (she/her) is a certified Intimacy Coordinator and Mental Health coordinator in Vancouver, BC, on the traditional, ancestral, and unceded territories of the Squamish, Tsleil-Waututh, and Musqueam Nations. She has worked on a variety of commercials, shorts, Feature films, and TV series, including A24s *Eternity*, Apple Studios *Firebug*, Paramount's *Happy Face*, ABC's *The Good Doctor*, HBO's *Dead Boy detectives*, Showtime's Emmy nominated series, *Yellowjackets* and Disney's *Under the Bridge*.

An enthusiastic advocate for actors, Tolmie relishes empowering them by cultivating the safety that makes their creativity and confidence thrive. She strives to build brave and open spaces for cast, crew, and production to collaborate in an empowered and informed practice.

Tolmie gained her certification in Intimacy Coordination through [Intimacy Directors and Coordinators \(IDC\)](#), a SAG-AFTRA accredited certification program in New York and has also completed a certification program as a Mental Health Coordinator through the [Association of Mental Health Coordinators](#).

Hair Stylist: Abby Colver

Make-Up Artist: Brandon Wou

Assistant Director: [Sina Nazarian](#)

Colourist: [David Tomiak](#)

VFX: [Gneiss Stuff VFX](#)

Sound Designer & Mix : Oscar Vargas and Matt Drake at [Elemental Post](#)

Casting Director: [Deanna Brigidi](#), CSA

Canadian Casting: [Tara Bell-Irving](#)

NOTES FROM THE CREATIVE TEAM ON INEDIA:

In prep for *Inedia*, I collaborated with Liz to understand her vision for each scene. She emphasized it was important to her that the cast avoid experimenting with fasting as part of their preparation, trusting instead in their acting skills to convey the experience without enduring actual prolonged hunger.

When discussing the scenes with the cast, my focus was on understanding their boundaries and specific physical and emotional needs. Given that the script explores themes of disordered eating as well as manipulation, consent was a key part of these conversations. Trusting their scene partner was safe and consenting allowed the actors to fully immerse themselves in their roles and concentrate on their performances.

For scenes involving nudity or emotional intensity, a content note was added to the call sheet inviting crew to identify concerns or accommodations that could be made in advance, and providing external resources to be accessed privately. A closed set protocol was implemented for these scenes, limiting the number of people in the space as well as at the monitor. This offered the director and the cast more privacy to navigate these moments while also minimizing the impact of the material on the crew.

Throughout the shoot, I offered tools such as breath work, sensory changes, and movement to support the cast and crew in regulating their nervous systems as they responded to the material and experience. Recognizing that our bodies can struggle to distinguish between acting and reality, we established a closure practice to help the cast transition in and out of

INEDIA - PRESS NOTES

scenes. This practice supported our team to intentionally signal to their bodies that they were stepping into and then out of the emotional space while facilitating the release of residual emotions.

- Tolmie Greaves, Intimacy Coordinator

Inedia is a visually rich story; and was a unique opportunity to create a world with a surreal and ethereal quality. I drew inspiration from handmade arts and crafts movements, communal living spaces, and cob buildings to create our world. A central motif was light, so it was fun to explore how we could capture light refracting or reflecting from different objects, as well as streaming through windows and coloured drapes and textiles.

- Louisa Birkin, Production Designer

Highlighted in our work on *INEDIA* is an appreciation for late 1960s and early 1970s Scandinavian modernism, as well as the films of Bergman, Antonioni, Tarkovsky, and Rohmer. Our designs aimed to captivate and fully shape the visual landscape, bringing the complex, immersive characters to life on screen.

- Caitlyn Beattie & Bradley Scott Keeling, Costume Designers

INEDIA - PRESS NOTES

CREDITS

INEDIA
FINAL CREDITS

HEAD CREDITS

Card 1
VORTEX MEDIA Presents

Card 2
an
EXPERIMENTAL FOREST FILMS
production

Card 3
an
AMINO ACID TECHNOLOGY
production

Card 4
in association with
GOOD QUESTION MEDIA

Card 5
produced with the participation of
TELEFILM CANADA

Card 6
and with the participation of
CREATIVE BC

Picture starts...

Title Card
INEDIA

END CREDITS

Card 1
AMY FORSYTH

Card 2
SUSANNE WUEST

Card 3
HILDA MARTIN

Card 4
featuring
JANE McGRÉGOR
BAHAREH YARAGHI
ERIC SEBASTIAN

Card 5
and introducing
NOVA BROWN

Card 6
Written & Directed by
Liz Cairns

INEDIA - PRESS NOTES

Card 7

Produced by
Tyler Hagan

Card 8

Produced by
Jennifer Chiu

Card 9

Executive Producers
Daniel Bekerman
Chris Yurkovich

Card 10

Cinematographer
Jeremy Cox

Card 11

Editor
Lisa Pham Flowers

Card 12

Production Designer
Louisa Birkin

Card 13

Costume Designers
Caitlyn Beattie and Bradley Scott Keeling

Card 14

Composers
Jesse and Josh Zubot

Card 15

Make-Up Artist
Brandon Wou

Hair Stylist
Abby Collver

Card 16

Sound Designers
Oscar Vargas
Matt Drake

Card 17

Colourist
David Tomiak

Card 18

Casting by
Deanna Brigidi, CSA

Card 19

Canadian Casting by
Tara Bell-Irving

Card 20

Executive Producers
Liz Cairns
Tyler Hagan
Jennifer Chiu
Jeremy Cox
Amy Forsyth

Card 21

Executive Producers
Neil Mathieson
Jordan Hart
Matt Drake
David Tomiak

INEDIA - PRESS NOTES

Landon Bootsma

START CRAWL

Line Producer
Nach Dudsdeemaytha

First Assistant Director
Sina Nazarian

Second Assistant Director
Stephanie Lee Schneider

CAST

AMY FORSYTH as.....Cora
SUSANNE WUEST as.....Joana
HILDA MARTIN as.....December
JANE MCGREGOR as.....Beth
BAHAREH YARAGHI as.....Leila
ERIC SEBASTIAN as.....Henri
NOVA BROWN as.....Merri
CHELSEA BROWN as.....Dafne
RACHEL DRANCE as.....Madeleine
ERIC GUSTAFSSON as.....Alex
VASILIOS FILIPPAKIS as.....Boyfriend
SASCHA LITTLE-FREY as.....Ford
KAYLAH ZANDER as.....Gina
JAS CRIDGE as.....Interviewer
SARA RABEY as.....Marie
LYNNETTE KISSOON as.....Dr. Lai
KAYA REISS as.....Shari
and
ROMEO the Dog as.....Romeo

BACKGROUND PERFORMERS

Matthew Accardo
Rochelle Allison
Cassidy Bellavance
Clayton Booi
Brianna Cudmore
Margot Demandre
Tara Galpin
Kanley Goldblum
Jelyne Helzekie
Liam Huth
Andy Cairns
Kelly Kiss
Amy Matamba
Tafadzwa Matamba
Vincent Moreau-Alarie
Tobie Orr
Stephen Richard
Trisha Robichaud
Shelley Silva
James Smith
Katie Watt
Corbin Pyke
Clementine Pyke

PRODUCTION CREW

INEDIA - PRESS NOTES

Locations Manager	John Alviz
Script Supervisor	Jecca Reta
Production Coordinator	Erin Maguire
3rd Assistant Director	Emma Thomas
Extras Casting Director	Jacqui Kaese, CSA, CDC
Extras Casting Assistant	Victoria Robinson
Story Editors	Kathleen Hepburn Trevor Christie Chris Yurkovich
Story Consultants	Linda Coffey
Unit Publicist	MPRM Jacki St. Thomas
Production Accountants	Shaylen Naidu Savika Shirleen
Tax credit Accountant	Sierra Accounting Gemma Davis
Payroll & AP Assist	Sana Saleem
Accounting Clerks	Vineel Dewan Shawn Prasad
Craft Services	Crafty Healers Jessica Claybo
COVID Safety Officers	Shakila Keyani Zhanna Brovarets Andrew Ceravale
Key PA	Jessica Cordeiro
Locations PAs	Shakila Keyani Kevin Burt Rosanne Leonoff
Drivers	Tamara Hudson Chris Byron
Intimacy Coordinator	Tolmie Greaves
Sustainability Coordinator	Jessica Cordeiro
Producer's Assistant	Alysha Seriani

ART DEPARTMENT

Production Designer	Louisa Birkin
Art Director	Claudia Tyzo
Props Master	Jason Arkell-Boles

INEDIA - PRESS NOTES

Art Assistants	Allison Deleo
Additional Art Assistants	Phoebe Fan Abigail O'Donnell
Electrician	Maïken Bordeleau
Carpenter	Glen Smith

WARDROBE

Costume Designers	Caitlyn Beattie Bradley Scott Keeling
Necklace Design	Francesca Percival

HAIR & MAKE-UP

Key Make-up Artist	Brandon Wou
Key Hair Stylist	Abby Collver

CAMERA

Cinematographer	Jeremy Cox
1st Camera Assistant	Ryan Ermacora Solomon Chiniquay
2nd Camera Assistant	Chris Merrell
3rd Camera Assistant / Film Loader	Jessica Johnson Lauren Yim
Steadicam Operators	Kenneth Ka Ming Lau Jeremy Cox

GRIP/ELECTRICS

Gaffer	Alex Greba
Key Grip	Terrance Azzuolo Andrij Lyskov
LX / Grip	Caleb Ford Shakila Keyani Chris Byron
Dolly Grip	Tin-Chun Liu Tobi Jonathan

SOUND

Location Sound Mixer	James Kusan
----------------------	-------------

INEDIA - PRESS NOTES

STUNT COORDINATION

Stunt Coordinator	Jennifer Clarke
Stunt Driver/Rigger	Christian Dominguez

GOOD QUESTION MEDIA

Head of Operations	Brittany Yurkovich
Development Executives	Christina Wood
Executive Assistants	Kaylyn Jung Noella Denny
Development Assistant	Taylor Crowley
Business Affairs	Ashley Renders

POST

EDITORIAL

Editor	Lisa Pham Flowers
Assistant Editor	Ryan Flowers

Colourist	David Tomiak
Stock footage courtesy of	Dustin Rhoades Pond5 Shutterstock

VISUAL EFFECTS by GNEISS STUFF

VFX Producer	Landon Bootsma
VFX Supervisor	Milton Muller
Production Manager	Ashley Hampton
VFX Editor	Kevin Jacques
Digital Artists	Bruno Frede Sara Milosavic

POST PRODUCTION SOUND

Supervising Sound Editor	Matt Drake
Dialogue Editor	Aleksander Lebid
Sound Editors	Alex Lara

INEDIA - PRESS NOTES

	Nolan McNaughton Sharon Tseng
Sound Designers	Oscar Vargas Matt Drake
Re-recording Mixer	Oscar Vargas Matt Drake
Foley Studio	Maverick Post Group
Foley Artists	Alex Macia Konrad Czaplak
Foley Editor	Matias Gibbs

ORIGINAL MUSIC

Composed, Produced and Mixed by	Jesse and Josh Zubot
Additional Musician - Flute	Emad Armoush

MUSIC

“Damn Thing” by Cherry Tiger
Courtesy of Music Bed

“Corporate Joyful Cheerful Playful Toy Kids” by ConstructtheFate
Courtesy of Pond5

“Fly with Me” written and performed by Hilda Martin

“Train of Life” written and performed by Alan Moberg
Courtesy of Alan Moberg

PICTURE FINISHING & POST PRODUCTION SERVICES by Elemental Post

Colourist	Dave Tomiak
Project Manager	Melissa Ziefflie
Assistant Colourist	So Young Park
Online Editors	Ryan Mance Tom Malenica
Film Restoration	Louis Hearn Ryan Mance Jeremiah Reyes

ADDITIONAL POST PRODUCTION SERVICES

Film Processing & Scan	Colorlab
Title Design Artist	Natalina Percival
Subtitles & Closed Captioning	Line 21

INEDIA - PRESS NOTES

	Kelly Maxwell
Video Description	Descriptive Video Works Melissa Hope

SERVICE PROVIDERS

Legal Services	Chandler Fogden Lyman Nathaniel Lyman
Insurance provided by	Front Row Insurance Mike Groner Evan Inglis David Hamilton
Camera and Lenses provided by	Keslow Camera Lecily Corbett Rob Meekison
Grip & Lighting Equipment supplied by	William F. Whites
Production Equipment supplied by	Whites LES
Car & Truck Rentals	Driving Force
Walkie/Talkies	All Types Communication
Production Onboarding Services	CircusHR
Clearances	The Research House Jacki Gunn Krista Johnson Liza Hausberger
Post Production Accountant	Sands Accounting Group Paul Sehkon
Interim Financing provided by	Cast & Crew Deirdre Owens
Digital Onboarding provided by	Circus HR
Catering	Stowel Lake Farm Kari Mathieson, Chef Adrien Martin, Kitchen Hanna Borkowska-Kirk, Kitchen Amanda Scanga, Kitchen Kayah Ziraldo, Kitchen Nalima Liutkivicius, Kitchen Arya Lopez, Kitchen Sweetgrass Food Co. Dan Snowsill & Chigusa Saito, Chefs Mikey Byrne, Cook

THE FILMMAKERS WOULD LIKE TO THANK

Margot Van Allen
Andy Cairns
Kathleen Hepburn
Arlo Hagan
Allan Hepburn
Leslie Hagan
Scott W.

INEDIA - PRESS NOTES

Stowell Lake Farm
Elizabeth Young
Jennifer Lloyd
Cyndey Gurvich
Ashley Casault
Eve and Osian Casault-Demandre
Milo Demandre
Aurelia Demandre
Adam Kirk
Aneta Borkowska
Sandy St. Pierre
Sarah Kennedy
Thea Wood
David Karr
YERBA MATE
Lily Wuest
Austen Brown
Sam Brown
Theo Brown
Cedar Beach Resort
Donna Woods
Five Elements Lodge & Ecotherapy Retreat
Michael Coupland
Dana Coupland
The Cottages on Saltspring
Lady Minto Auxiliary Society and Thrift Shop
Judith Wardell
Ann Heeley-Ray
Francis and Doug Teitge
Harry Warner
Salty Manes
Donna Saffel
Salt Spring Island Health Centre
Sarah May Cairns
Landon Kitagawa
Malouf Blanchard
Monique Nicholas
Danika Gibbs
Jiamin Ma
George Jankovic
James Webb
Molly Murphy
Mud Girls
Seaview Manor
Kelly Nault
Abby O'Donnell
Dan O'Donnell
Salt Spring Inn
Keune
Rachel Litsky
Christie Darlin
Noah Mott
Jen McLellan
Cora Platz
Peter Grant
Terri Potratz
KimHsu Guise
Lauren Davis
Janine Steele
Robin Macabulos
Ken Tsui
Smiely Khurana
Green Spark Group
Andrew Robinson
Samantha Leigh
BC Ferries
Zoe King
Tug Phipps
Lecily Corbett
CMPA
Jason Lee

INEDIA - PRESS NOTES

Raila Gutman
 William Barron
 Patrick Doyle
 Solmaz Cuevillas
 Aaron Mirkin
 Andrew Gillingham
 Alysha Seriani
 Selina Crammond
 Tony Massil
 Alicia K. Harris
 Milena Salazar
 Natalina Percival
 Cristina Lewis
 Alex Muir
 Christine Wilson
 Jeremy Wilson
 Meghan Hepburn
 Meghan Armstrong
 Jordan Kennington
 Hannah Hunter
 Aya Garcia
 Christina Penhale
 Connie Agawin
 Notable Studios
 Amanda Verhagen
 Victoria Souter
 Lloyd Clothing
 Matea Pasarić
 Chris Sheldon
 Krista Blatchford, MACP, RCC, CCC

Services Providers([logos](#))

Keslow Camera
 William F. Whites
 Gneiss Stuff
 Colorlab
 Elemental Post
 Kodak
 Front Row Insurance
 The Research House

<u>LOGO</u>	<u>TEXT</u>
CREATIVE BC	Developed with the participation of Creative BC With the participation of the Province of British Columbia – Film Incentive BC
CAVCO (Canada wordmark Logo)	"Canadian Film or Video Production Tax Credit"
Harold Greenberg Fund	Developed with the assistance of The HAROLD GREENBERG FUND
CMPA	
UBCP	
Canadian Film Centre	Developed with support of the Canadian Film Centre

INEDIA - PRESS NOTES

	This Project supported through the CFC/NETFLIX Calling Card Accelerator
WIDC	Developed with the support of Women in the Director's Chair (WIDC) Story & Leadership

ALBERT CERTIFIED

Shot on location
on the unceded and traditional territory of the
Hul'qumi'num and SENĆOŦEN speaking peoples including many Coast Salish nations such as the
Quw'utsun, W_SÁNEC, Stz'uminus and the Hul'qumi'num Treaty Group
on Saltspring Island, BC

as well as the unceded and traditional territories of the
Semiahmoo, sc'əwaθənaʔt təməxw nations in Delta and Tsawassen, B.C.
and x^wməθk^wəyəm (Musqueam), Skwxwú7mesh (Squamish) and
səlilwətaʔ (Tseil-Waututh) territory in Vancouver, B.C.

Produced with the Participation of
TELEFILM CANADA CREATIVE BC

VORTEX MEDIA

EXPERIMENTAL FOREST FILMS

AMINO ACID TECHNOLOGY

STUDIO CAIRNS

GOOD QUESTION MEDIA

2024 © Living On Light Pictures Inc.

SELECT PRESS COVERAGE

TBD